

SURGICAL INSTRUCTIONS

BEFORE SURGERY:

Important: Nothing to eat or drink after the midnight before your surgery unless otherwise instructed by your doctor. You should take your blood pressure medication, with a tiny sip of water, upon awakening the morning of your surgery.

Labs: You will need a routine blood test, an electro-cardiogram, and sometimes a chest x-ray prior to surgery. These tests can often be performed before the date of surgery.

Medical Clearance: Often, a letter from your Internist is needed before surgery, to insure you are medically cleared for this procedure.

Medications: If you take aspirin or any blood thinner medication, please tell your doctor as he may want you to stop this medication days before your surgery.

AFTER SURGERY:

What to expect: After the procedure you will have an eye patch and shield in place. You should leave this eye patch in place until your doctor examines you the next day.

Activity: Limited activity is recommended. No physical exertion or bending.

Medications: Resume your regular medications as your internist has prescribed. Usually the medications for this surgery will be only eye drops. Occasionally, they may include oral medications. Your doctor will make you aware of this. Prescriptions will be given to you. Most of the time, regular or Extra Strength Tylenol, Motrin, or Advil will be all that is needed for discomfort. The doctor will prescribe stronger medications for discomfort when necessary.

Special positioning: The doctor may request that you keep your face down after surgery. You will be made aware if this applies to you.

Surgery Location: _____

Surgical Coordinator: _____

Surgery Date: _____

Surgery Time: _____

