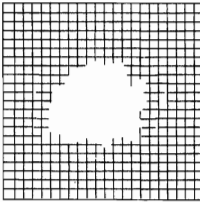


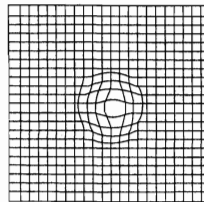
The Amsler Grid is a tool for monitoring your central visual field. It will help you to recognize if there are disturbances in your vision caused by changes in the retina. It is an important test that can lead to early detection of macular degeneration or other diseases of the retina that can affect your vision. It is recommended that the test be taken twice a week.

HOW TO TAKE THE AMSLER GRID TEST

1. In an area with good lighting, hold or hang the grid at eye level at a comfortable distance (12" to 18").
2. Wear your reading glasses, bifocals, or contact lenses, if that is what you normally use.
3. Cover your left eye. Focus your right eye on the dot in the center of the grid and ask yourself the following questions:
Can you see all four corners of the grid?
Are any of the lines missing as shown in example 1?
Are any of the lines blurry or distorted as shown in example 2?



Example 1

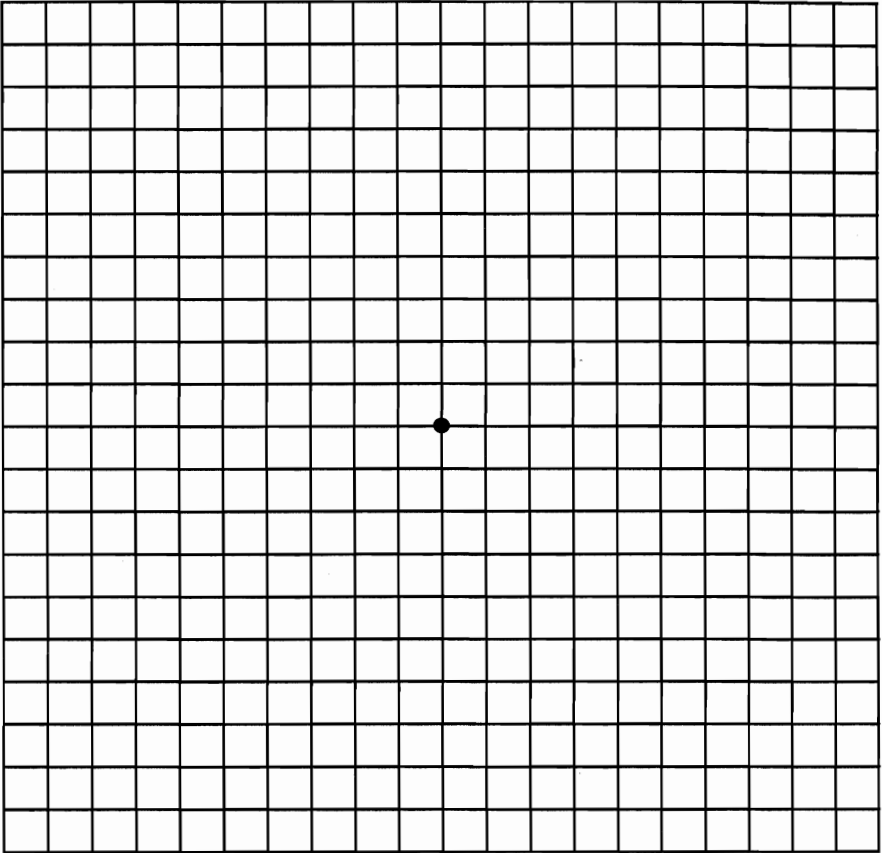


Example 2

4. Repeat the test covering your right eye.

If you answered yes to any of the questions or notice any other changes in your vision, please call our office immediately to arrange for further evaluation. This test is a screening tool only and does not replace a thorough eye examination.

AMSLER GRID



This home vision screening is compliments of:

RETINA CARE CENTER
Jonathan M. Barofsky, MD
732.905.0004

We're here to answer questions about your vision and the results of this screening. Please don't hesitate to call us.